

GLOBAL PEACE ACTIVATION

in partnership with

IN TRUTH

WELCOME GUIDE

An invitation to create
one global moment of peace

WELCOME



There are moments in history where
humanity chooses a different path.

Not because governments tell us to.

Not because we all think the same.

But because ordinary people choose
connection over division



On 8 August, people from every corner of the world will pause
together in one shared moment of peace.

Together we will create a field of collective intention and, through
our partnership with **IN TRUTH** and their wearable biotech we can
explore how collective coherence
and peace are reflected within the nervous system.

THIS DATA CAN BE USED TO TRANSFORM THE SYSTEMS IN WHICH WE LIVE.



Whether you are joining a local gathering, hosting your own Node,
participating with family or taking part on your own

YOUR PRESENCE MATTERS

Global Peace Activation

Across the world, people will gather in thousands
of unique ways.

Some in forests
Some in homes
Some in schools
Some in community halls
Some at festivals
Some online
Some completely alone

EVERY GATHERING IS UNIQUE
EVERY GATHERING MATTERS

Each Node is invited to begin with the same shared **Welcome,**
Mantra and Prayer before flowing into its own unique event.

TOGETHER, WE CREATE ONE GLOBAL FIELD OF INTENTION

EVENT TIMELINE

BEFORE 8 AUGUST

- [Register](#)
- [Join or create a Node](#)
- Share the I AM PEACE campaign
- Download the IN TRUTH App
- Invite others

- Joining the GPA is free
- Hosting a node is free
- Joining the Integration series is free
- Downloading the IN TRUTH App is free



8 AUGUST

- Join the 24hr livestream
- Begin with the [Shared Opening](#)
- Run your local gathering
- Join the **Global Peace Meditation**

GLOBAL PEACE MEDITATION

- Hosted live by **Nicole Gibson**
- From the Healing Festival at
- **9am Czech** 12am LA
- 8am London 11am Dubai
- 5pm Tokyo 4am São Paulo
- 5pm Sydney 3am New York

FOLLOWING 6 WEEKS

- Join the integration series

21 SEPTEMBER

- International Peace Day
- Research Presentation
- Global Closing Gathering

REGISTER NOW

IN TRUTH

- Available now on Garmin.
Available on Apple Watch, Oura Rings and all other wearables by 31st July
- Participants to provide their own wearable.
- Participation in the IN TRUTH research initiative is optional but encouraged.

AT A GLANCE

WHAT IS A NODE AND HOW DOES THIS WORK?

A Node is a gathering of people choosing to come together with a **shared intention of cultivating peace**. It can be public or private, large or small, formal or informal, online or in person.

With many events already running on 8 August we are inviting all events to come together and be part of the Global Peace Activation.

People are invited to create their own local events or simply participate with family, friends or on their own.

If you do not want to host or join a Node you can join our **24 hour livestream event** or zoom room. Or you can simply **join from where you are** in a shared moment of intention.

We invite everyone to begin with a **shared opening** that connects us all before every gathering unfolds in its own way.

As all nodes activate across the planet over a 24 hour period, we ask as many as possible to tune in for the **Global Moment of Peace** as **Nicole Gibson** hosts the **Global Peace Meditation - 9am Czech Republic**.

This is the moment that IN TRUTH will capture the scientific data of peace, in individual nervous systems across the world. This can be used to **help shape a more connected future** with humanity at the centre of its design.

ONE PLANET. ONE PEOPLE. ONE HEART.



Why 8 August

Many people recognise 8 August as the **Lionsgate Portal** - a symbolic time associated with heart-centred awareness, transformation and setting intentions for positive change.

For the Global Peace Activation, this date provides a meaningful opportunity for people from all faiths, cultures, traditions and worldviews to unite in one shared moment of peace.

You do not need to share any particular belief system

MANY PATHS

ONE INTENTION

ONE SHARED MOMENT FOR HUMANITY

The Global Peace MEDITATION

At the heart of the Global Peace Activation is a live
global meditation

the heart

Led by **Nicole Gibson**, founder of **IN TRUTH**
broadcasting from the **Healing Festival**
in the **Czech Republic**
9am local time.

Wherever you are in the world, everyone is invited to pause
and join together for this shared moment of peace.

This is the moment where millions of people across continents
intentionally synchronise, creating one global field of connection.

In Partnership with **IN TRUTH**, participants can choose to
contribute anonymised wearable data that will help explore the
patterns of emotional regulation and collective coherence
during the Global Peace Activation.

Beyond One Day

The Global Peace Activation isn't just a single event.

It is the beginning of a journey.

Following 8 August

Join a 6-week **Integration Series** exploring:

- Consciousness
- The nervous system
- Collective Intention
- Human Sovereignty
- Indigenous Wisdom
- Living Peace



21 September

We gather again on **International Peace Day** to:

- Reconnect
- Share the **IN TRUTH research findings**
- Ground what we have learned together

Livestream Links will be
available before 8 August

PEACE IS NOT A DESTINATION. IT IS A PRACTICE



SHARE THE **I AM PEACE** MOVEMENT

IT BEGINS WITH ME. IT BEGINS WITH YOU. IT BEGINS WITH US

One simple action can become a powerful symbol of our shared intention.

We invite every participant to temporarily update their social media picture with a photo of themselves holding up their hand with **I AM PEACE** on their palm. (Can be done digitally).

As thousands of people participate we create a **VISIBLE WAVE OF PEACE** across social media.

Tag @globalpeaceactivation
#IAMPEACE #INTRUTH
#globalpeaceactivation



EVERY INVITATION PLANTS A SEED



FAQ's and Links

Do I need to attend a Node?

No. You can participate from anywhere.

Is there a cost?

Participation is free. The **IN TRUTH** App is free.

Some local Nodes may charge to cover event costs.

Do I need a wearable?

You do not need a wearable to participate,
only if you wish to contribute to the research initiative.

What if I can't join the global meditation time?

You can follow the same format with the Shared Opening and listen to the recording of Nicole's meditation or create your own moment of peace.

Please make a note of the time of your Peace moment and email us the time so it can be aligned with the research data.

DOWNLOAD IN TRUTH APP
[APP Store](#) or [Google Play](#)

Available now on Garmin and on all
wearables 31st July. Participants to
provide their own wearables.

REGISTER NOW



ACCESS
RESOURCES

THE JOURNEY BEGINS WITH ONE STEP



Hosting or Participating

There is no perfect way to participate

Host a Node
Gather friends
Sit with your family
Meet in nature
Participate online
Or simply pause wherever you are.

The size of your gathering doesn't matter

YOUR INTENTION DOES

Every Node is invited to begin with the same opening.

WELCOME: MANTRA: PRAYER

**Every Node is invited to join the Global Peace Meditation
and contribute to the IN TRUTH Research.**

The **Shared Opening** has been offered by the
Mentors of Love and Wisdom. While every gathering is
unique, beginning together creates one collective intention.

EVERY GATHERING MATTERS



MENTORS OF LOVE AND WISDOM

This mantra is a prayer for humanity.
You are invited to close your eyes and receive through your breath

Listen to the Mantra

The meaning of this mantra is
Mother of Light, Send petals of Love, To embrace Abundance
For all beings of Light to be one with God

performed by Bernadette King, music by Lukaijah

SPEAK THE COLLECTIVE PRAYER FOR HUMANITY

Through learning co-creation
and releasing separation
peace reigns in the heart of humanity again.

The mind of Source is anchored in co-creation
and all may reach its highest potential
through the mind of Source.

Be calm, be still, be one.

Uplift the frequency
expand the being and
assist all to enlighten
through the light
in each moment

Bring the hearts and minds of Man
(Humanity)
into peace once more.

BEGIN YOUR EVENT

THANK YOU

—●—

Thank you for saying yes
Thank you for showing up
Thank you for becoming part of this global movement

—●—

History is shaped not only by extraordinary individuals
but by ordinary people choosing to come together with
extraordinary intention.

—●—

ONE PLANET
ONE PEOPLE
ONE HEART

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RESOURCES